

**15<sup>th</sup> Annual Conference of Indian Academy of Geriatrics- GERICON 2017  
16<sup>th</sup> & 17<sup>th</sup> December 2017, All Indi Institute of Medical Sciences, New Delhi**

**Scientific Program**

**16th December, 2017 (Day 1):**

<i>Time</i>	<b>Auditorium</b>	<b>Conference hall</b>	<b>LT 2</b>
<b>8.00 – 17.00</b>	REGISTRATION		
<b>9.00 –10.30</b>	<b>Inauguration</b> <b>IAG Presidential Oration</b> <b>Chair- Dr Vinod Kumar, Dr Arvind Jain</b> Challenges of managing the very old Dr G S Shanthi <hr/> <b>Sanjogita Sachdev &amp; JC Sachdev Session on “Active Ageing”</b> <b>Chair: Dr Inder Prakash, Dr Shanthi Johnson</b> Active Ageing in Rural India: Strategies for strengthening access to health care Shri Mathew Cherian Gandhian thoughts for Active Ageing Shri Deepankar Srigyan Effect of Preksha Meditation on Physical, Autonomic & Mental Health of Elderly Dr Arvind Jain		
<b>10.30- 11.00</b>	<b>Coffee break</b>		
<b>11.00 –13.00</b>	<b>Words of wisdom</b> <b>Chair: Dr B Krishnaswamy, Dr Tapas Das</b> LASI: An innovation to address future health needs of India. Dr A B Dey Health care for the seniors : Issues and perspectives- Dr IS Gambhir Chronic Obstructive Pulmonary Disease and old age: a double jeopardy. Dr Vinod Kumar <hr/> <b>Orations: Challenging issues in Geriatrics</b>		<b>Continuing Nursing Education</b> <hr/> <b>11.00- 11.30</b> <b>Concept of Ageing:</b> Chair: Dr. Bimla Kapoor, Ms. Kamlesh Chandelia Normal Physiological Changes in ageing – Ms. Rebecca Herald Social,economical,spiritual and Psychological changes in ageing- Dr. Deepika Khakha <hr/> <b>11.30-12.15</b> <b>Challenges of Ageing</b> Chair: Dr. Prasun Chatterjee and Ms. Geeta George

	<p><b>Chair: Dr Gowri Sengupta, Dr D Thangam</b>  <i>A Venkoba Rao Oration</i>  Post- Hospitalisation Rehabilitation  Dr YS Raju  <i>VS Natarajan Oration</i>  Vaccination in Older Adults: Which vaccine and when?  Dr. G Usha  Advances in Management of Diabetes  Dr Jyotirmoy Pal  DPP4 inhibitors in older diabetics  Dr P S Karmakar</p>		<p>Psychology of the elderly:  Dr. Sujatha Satpathy  Developmental tasks of the elderly- Ms. Ms. Vatsala  Stress &amp; coping in the elderly- Ms. Monica Sabrawal</p> <hr/> <p><b>12.15-13.00</b>  <b>Role of Nurse in the Care of Elderly:</b>  Chair: Dr.Molly Babu and Dr. Harinder Goel  Assessment of the elderly and implementation  Dr Vijay Kumar  Psychosocial Assessment  Dr. Rachna Bhargava  Life style modification related to ageing  Ms. Cecilia Mary</p>
<p><b>13.00- 16.15</b></p>	<p style="text-align: center;"><b>Poster Presentation &amp; Evaluation</b></p> <p><b>Evaluator: Dr SS Lehl, Dr Monica Gupta</b></p> <p>P1. Treatment modalities and thrombocytopenia affect mortality in elderly ICU patients- Observational study in tertiary care hospital in Northern India. Afshan Shabir</p> <p>P2.. Clinical spectrum, presentation and outcome in pan hypopituitarism in the elderly. Jini Thomas</p> <p>P3. Emotional attentional processing in patients with Parkinson’s disease. Pooja Rai</p> <p>P4. Right sided intra-thoracic extension of pancreatic pseudo cyst. Pritam Das</p> <p>P5. A study on evaluation of nutritional status among geriatric patients at a tertiary care public teaching hospital. Rashid Ishfaq</p> <p>P6. Non invasive evaluation of endothelial dysfunction in elderly hypertensive patients. Rohit Gaude</p> <p>P7. A Case Of Granulomatosis With Polyangitis In Elderly Woman. Arulmozhiselvan.V</p> <p>P8.. Severe Anemia In Elderly. Alok Shetty St Johns Medical College, Bangalore</p> <p>P9. Rare presentation of rheumatoid arthritis with vasculitis. Deepa Kumari</p> <p>P10. Evaluation of Syncope for Cardiovascular causes and its impact on cognitive, functional status and frailty. Kamal Bandhu</p> <p>P11. Prevalence of tobacco and alcohol usage among elderly in a rural area of north Kerala- a cross sectional study. Waseem Ahmed</p> <p>P12. Relationship between Pro calcitonin and severity of Sepsis in Elderly. Flora Alex</p> <p>P13. A Clinical Approach for the Treatment of Geriatric Hypertensive Patients , Madhaw D</p> <p>P14. FOXO3A gene associated with ageing: A pilot study of North Indian population. Tia Neelam</p> <p>P15. Association of oxidative stress with hypertension in elderly subjects. Pritee Chaudhary</p> <p>P16. Cross cultural adaptation and psychometric analysis of knee injury and osteoarthritis outcome score (koos) in Indian population with knee osteoarthritis</p>		

	<p>Richa Goswami</p> <p>P17. The future of community based geriatric care. Shikhar Bajpai</p> <p>P18. A retrospective observational study on risk factors for readmission in elderly patients from Tamil Nadu admitted to geriatric ward in Christian Medical College, Vellore.” Stephen Samuel</p> <p>P19. Association between CGA based Multidimensional Prognostic Index score and length of hospital stay in elderly patients. Vasanth K</p> <p>P20. Study of serum 14-3-3<math>\eta</math> marker for rheumatoid arthritis in older patients. Ramesh Sah</p> <p>P21. Assessment of nutritional status using mini nutritional assessment scale of elderly living in Lalsot block, Dausa district, Rajasthan. Meenali Meena</p> <p>P22. Future of Geriatric Medicine: Drug utilization pattern in elderly patients through home medication review. Mangla R.</p> <p>P23. Serum Tau protein as a early biomarker of Cognitive impairment in Elderly. Saroj Yadav</p>		
<b>13.00- 14.00</b>	<b>Lunch</b>		
<b>14.00- 16.00</b>	<p><b>Challenging issues in Geriatrics</b>  <b>Chair: Dr Kamal Kishore, Dr Neelakshi Mahanta</b>  Poly pharmacy  Dr R Magesh  Pharmacovigilance in geriatric medical practice  Dr SS Chakrabarty  Immuno-senssence  Dr Thangam  Prevalence of occult depression in elderly with chronic co-morbidity  Dr Anand P Ambali  Shifting priority in Multi-morbidity – From Physician to Patient  Dr Uma Kalyani</p> <p><b>Holy Grails of Geriatric Medicine: Frailty, Sarcopenia and Dementia</b>  <b>Chair: Dr GS Shanthi, Dr Minakshi Dhar</b>  Biomarkers of Alzheimer’s disease  Dr Sharmistha Dey  Hypertension and frailty conundrum  Dr Dominic Benjamin  Challenges of Neurocognitive Assessment in Older Population  Dr Ashima Nehra  The Harmonised Diagnostic Assessment of Dementia (DAD) for LASI-Planning, Execution and Beyond</p>	<p>Public Health response to population ageing  <b>Chair: Dr Atreyi Ganuguli, Dr Sanjay Kumar</b>  Promotion of healthy aging through primary health care network  Dr Shanthi Johnson</p> <p>Reaching out to the elderly – potential opportunities in geriatrics for tertiary care academic institutions : Experience from Bengaluru  Dr Arvind Kasturi</p> <p>Reaching out to the elderly – potential opportunities in geriatrics for tertiary care academic institutions : partnership with civil society  Dr Pretesh Kiran</p> <p>Public health responses to population ageing: from disease based to integrated care approach  Dr Ankumoni Saikia</p> <p>Geriatric Mental Health in Indian health care delivery system : Manpower  Dr Abhik Sinha</p> <p>Management of hypertension among older population in community by a nurse led program</p>	<p><b>14.00- 14.30</b>  <b>Extended role of the nurse in the care of the elderly</b>  Chair: Dr. Daisy Thomas and Dr. Manju Chhugani</p> <p>Home care  Ms Seema rani</p> <p>Rehabilitation of elderly  Dr Arun Varma</p> <p>End of life care  Ms J Subbulakshmi</p> <hr/> <p><b>14.30- 15.15</b>  <b>Psychosocial needs and concerns of the elderly</b>  Chair: Dr. Sujatha Satpathy, Dr. Rachna Bhargava</p> <p>Elderly abuse &amp; neglect  Mr Ajesh Kumar</p> <p>Sleep in the elderly  Ms Rimple Sharma</p> <p>Counselling  Dr Beena Regi</p> <hr/> <p><b>15.15- 16.00</b>  <b>Active Ageing</b></p>

	<i>Dr Joyita Banerjee</i>	Ms. Shashi Mawar	Chair: Dr. Alka Mohan and Dr. V P Gupta  Complementary therapies in the elderly (Yoga, Ayurveda, Exercise) Dr Raj Kumar Yadav  Role of Physiotherapy Ms Ruchika Madan Agarwal  Role of nutrition Dr Parmeet Kaur
<b>16.00.- 16.15</b>	<b>Coffee Break</b>		
<b>16.15 – 18.00</b>	<p><b>Long term care and related issues</b> <b>Chair: Dr G Usha, Dr SN Swain</b> <b>Trivandrum Oration</b> Long-term care - Challenges of Care-giving Dr Arvind Mathur Palliative care: About the life that's left, Not the end of life Dr Neelakshi Mahant Advance care Planning. Dr Sunita Paul</p> <p><b>Off Track</b> <b>Chair: Dr Arvind Mathur, Dr R Magesh</b> Inter-professionalism in Geriatric Research Dr SS Lehl Evolution of the specialty of Geriatrics in Medical textbooks over the last 50 years Dr Monica Gupta What is new in geriatrics? Dr Prasun Chatterjee</p>	<p><b>Technology in Old Age Care: Non-invasive Psychological and Physiological Health Assessment through Old Age Support Integrated System (OASIS)</b></p> <p><b>Chair: Dr A B Dey, Dr S Dey</b></p> <p><b>Introduction</b> Dr David Hewson Can technology be used to detect the frailty phenotype? Dr David Hewson Old Age Support Integrated Services (OASIS) Dr Aurobinda Routray Older people with fear of falling can be identified using a modified bathroom scale Dr Brajesh Shukla Remote monitoring of vital signs Dr Anushree Basu Technology Demonstration</p>	<p><b>16.15- 16.45 Geriatric Psychiatry</b> Chair: Dr. Nand Kumar and Ms. Bindu Shaiju Depression in the elderly Ms Mini George</p> <p>Substance abuse disorder Dr Yatan Pal Singh</p> <p>Cognitive Disorders Mr Dhawal Dwivedi</p> <hr/> <p><b>16.45-18.00</b> <b>Free papers: Nursing professionals (Award Session)</b> Dr. Deepika Khakha and Ms. Mini George</p>
<b>18.00- 18.30</b>	<p><b>Clinico-Radiological Conference: GERICON 2017</b> <b>Chair: Dr IS Gambhir Dr YS Raju</b> <b>A restless brain driving doctors insane</b> Case Discussant: Dr Sankha Shubhra Chakrabarti Case summary: Dr Rishav Bansal</p>		
<b>18.30 – 19.00</b>	IAG General Body Meeting		
<b>7.00 PM</b>	Gala dinner; Faculty Club		

**17<sup>th</sup> December, 2017 (Day 2):**

<b>Time</b>	<b>Auditorium</b>	<b>Conference hall</b>	<b>Lecture Theatre 2</b>
<b>8.00 AM</b>	<b>Registration</b>		
<b>9.00- 11.00</b>	<p><b>New thoughts in Geriatric Practice</b>  <b>Chair: Dr Uma Kalyani, Dr Betsy Mathew</b>                      Acute Hip Unit –Ortho Geriatrics                      Dr Prem Narasimhan                      Delirium – Recent advances in management                      Dr Meenakshi Sharda                      Super agers                      Dr V Surekha                      Management of Sarcopenia                      Dr Ashish Goel                      Home care: the evolving scenario                      Dr Steve Manjaly                      Study to develop a predictive design for 1 year post operative mortality following elective surgical procedure                      Dr Harjit Singh                      Impact of Intergenerational learning among school children, parents and senior citizens  <i>Dr Vijay Kumar</i>                      Impact of assistance on the quality of life of older adults with ADL and IADL iadl disabilities                      Dr Prakash Kumar                      Anti-ageing benefits of Ayurveda                      Dr Akash Kumar Ambastha                      Physiotherapy intervention in Shospitalized elderly.                      Ms Ruchika Madan Agarwal</p>		<p><b>9.00- 9.45</b>  <b>Syndrome of Frailty:</b>                      Chair: Dr. Rathi Balasubramanian, Ms. Rebecca Herald                      Assessment of Frailty                      Ms. Dainy Thomas                      Components of Frailty                      Ms. Linu Thomas                      Management of Frailty                      Ms. Manju Singh</p> <hr/> <p><b>9.45- 10.15</b>  <b>Policies and Programmes for elderly:</b>                      Chair: Ms. Urmila Bhardwaj, Veena Sharma</p> <p>National Policy for Older Persons                      Ms. Indumathi</p> <p>National Programmes for Health Care of the Elderly                      Ms. Shashi Mawar</p> <hr/> <p><b>10.15- 10.45</b>  <b>Civil Society</b>                      Chair: Ms. Harjinder Kaur, Ms. Sunita Patni</p> <p>Role of NGO in care of older persons                      Shri Mathew Cherian</p>
<b>11.00- 11.15 AM</b>		<b>Coffee break</b>	

<p><b>11.15 – 13.45 PM</b></p>	<p><b>Free papers: Young professionals (Award Session)</b>  <b>Chair: Dr Tapas Das, Dr Aruna Raman</b></p> <ol style="list-style-type: none"> <li>1. “Timed up and go test”: A quick assessment tool in elderly. A Shetty</li> <li>2. A study of lower lung field tuberculosis in old age and other immune-compromised states. D.M. Pathik</li> <li>3. Influenza and Pneumococcal Vaccination coverage among hospitalised high-risk elderly. Jino Joy</li> <li>4. Serum hepcidin level with iron profile assay might replace bone marrow iron study as a diagnostic tool for evaluation of anemia in elderly. Pritam Das</li> <li>5. Age and non-age related risk factors for Asymptomatic Bacteriuria (ASB) among diabetic patients. PYL Sushma</li> <li>6. FOXO3A and SIRT3 as longevity and healthy ageing genes: serum protein markers and new road map to explode oxidative stress by Withania somnifera. Rashmita Pradhan</li> <li>7. Association of cardiac status and frailty among Indian elderly. Rishav Bansal</li> <li>8. Looking Beyond the Cognition in Dementia: An Innovative Method in Tertiary Care Practice. Swati Bajpai</li> <li>9. A prospective observational study of adverse drug reactions in patients admitted in the geriatric ward of a tertiary hospital in north India: Upinder Kaur</li> <li>10. ACS in Elderly –Treatment pattern and long term functional outcome – A prospective study at a tertiary care center : Virajrao Kore</li> <li>11. A Study On Association Of Thyroid Function And Frailty In Elderly. Arulmozhiselvan.V</li> </ol>		<p><b>11.15- 12.15</b>  <b>Experience sharing by older persons</b>  Chair: Ms. Nirmala Singh and Dr. A.T. Kora  Ms. Geeta Razdan  Ms. Prema Kumar  Ms. Evelyn Porter</p> <hr/> <p>12.15- 13.15  <b>Experience Sharing by the care givers in management of elderly at home</b>  Chair: Dr. Ravinder Kalra, Ms. Hanumati Devi</p> <p>Mr. Arvind N  Ms. Babita Sahoo  Ms. Shirin Mall  Ms. Siby Riju  Ms. Elpreda M Victor</p>
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	<p>12. Predicting mortality and hospital revisits in elderly emergency patients: a prospective cohort study. Ayantika Haldar</p> <p>13. Study of association between orthostatic hypotension and frailty in older Indians: Gevesh Dewangan,</p> <p>14. Decline in muscle stem cell population: A plausible cause of Frailty. Masroor Anwar</p> <p>15. Identification of novel anti-oxidant protein sestrin in frail elderlyas diagnostic marker: Nitish Rai</p> <p>16. Targeting 5-LOX in Alzheimer’s disease: potential serum marker and in-vitro evidences for rescue of neurotoxicity by its peptide inhibitor. Shashank Shekhar</p> <p>17. Association of Sarcopenia and low calf circumference in Indian elderly population: Sumitabh Singh</p> <p>18. Association of serum creatinine and cystatin C with sarcopenia in Indian population Sunny Singhal</p> <p>19. Prevalence of falls among community dwelling Elderly Living in Ernakulam District and its Associated Risk Factors.Divyamol Sasidharan</p>		
<b>13.45- 14.15</b>	<b>Quiz- Dr Ashish Goel, Dr Hrishikesh Indani</b>		
<b>14.15- 14.30 PM</b>	Valedictory session Prize distribution		
<b>14.30 pm</b>	Lunch		
Conference ends			